

# Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



# *Findings: PBHCI Preliminary Follow-up Evaluation Report*



# Providers Seen from Enrollment to End of First Year

- Percent of clients seeing Primary Care Provider: 75.6%
  - This means that for Cohorts I and II, 75.6% of clients had seen a Primary Care Provider at least once by the end of their first year enrolled in PBHCI.
  - Target: 100%

# Physical Health Service Utilization from Enrollment to End of First Year

- Percent of Clients Using Screening/Assessment Service:  
83.7%

- This means that for Cohorts I and II, 83.7% of clients had a physical health screening/assessment performed at least once by the end of their first year enrolled in PBHCI.
- Target: 100%

# Substance Use Service Utilization from Enrollment to End of First Year

## - Percent of Clients Using Screening/Assessment Service: 57.3%

- This means that for Cohorts I and II, 57.3% of clients had a substance use screening/assessment performed by the end of their first year enrolled in PBHCI.
- Target: 100%

## — Percent of Clients Using Referral Service: 6.9%

- This means that for Cohorts I and II, 6.9% of clients were given a referral to a substance use provider by the end of their first year enrolled in PBHCI.
- FYI: 22.0, 27.2% of clients are using illegal substances or binge drinking, respectively



# Wellness Service Utilization from Enrollment to End of First Year

- Percent of Clients Using Any Wellness Service: 70.3%
  - This means that for Cohorts I and II, 70.3% of clients used any wellness service at all by the end of their first year enrolled in PBHCI.
- Percent of Clients Using Smoking Cessation: 23.7%
  - FYI: 61.3% percent of clients are smokers
- Percent of Clients Using Wellness Education: 46.3%
- Percent of Clients Using Exercise: 23.4%

# Quality of Care for Physical Health Conditions

- Patients with diabetes that received education services related to diabetes, nutrition, cooking, physical activity, or exercise within 1 year of enrolling in PBHCI: 66.5%
  - Target: 100%
- Patients with hypertension that received education services related to hypertension, nutrition, cooking, physical activity, or exercise within 1 year of enrolling in PBHCI: 55.2%
  - Target: 100%
- Patients identified as tobacco users who received cessation intervention during the two-year measurement period: 28.6%
  - Target: 100%